

TIMEBANK TIMES

ANNUAL



MEETING

Were you there?

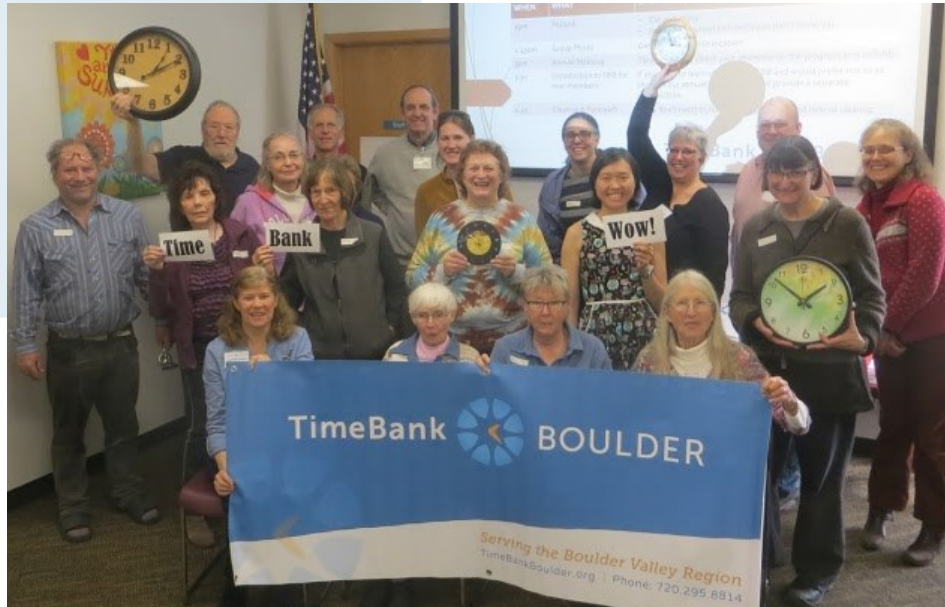


Photo by Don Parchter

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Notes From Your Board

There was no board meeting in January, so, no *Notes From Your Board* this month. But watch this space next month to learn who is taking which leadership positions on the Board and what the new Board has planned for 2019.

So Long and Farewell, But NOT Goodbye

By Jan DeCourtney

As I complete my last days as President of TimeBank Boulder, I want to thank all of you for giving me one of the most interesting, growth-full, challenging, fun, expansive, and amazing experiences of my life. It has been an awesome three years that I will never forget. I learned so much, and grew tremendously as a person. I also got to work with and know some really wonderful and remarkable people both on the Board of Directors and elsewhere in our organization.

By the way, if you are looking to expand your life, I highly recommend seizing the day and taking advantage of the great opportunities that learning how to be a leader in our TimeBank offers. You don't have to know how to do it when you start; I didn't. I hadn't ever been in charge of something this large before I became President, so I had a lot to learn, and everyone was so incredibly

helpful along the way.

It has been a very rewarding three years and I'd like to thank all of you who have been working right alongside of me to help make this TimeBank one of the best. I am not leaving town or anything. I'll be continuing on as Events Coordinator

and I'm looking forward to seeing you at some of our great upcoming events. Please continue (or start) to be involved in the running of our amazing TimeBank and give your support to our new Board of Directors!



Photo by Wayne Dicksteen

Outgoing President Jan DeCourtney at December's Craft and Laugh Event.



Photo by Rebecca Biter

Movie Night: RBG

A small group of TimeBankers traveled to the home of **Laura White** on January 25, 2019.

They had a wonderful time with yummy snacks, fabulous company, and an interesting movie about a fascinating and important woman, Supreme Court Justice Ruth Bader Ginsburg aka Notorious RBG.

Everyone is looking forward to more fun movie nights in the future – stay tuned and please plan to join us.

Back row from Left: Dorothy Cohen, Jan DeCourtney, Sharon Simmons, and Rebecca Biter, with Laura White front and center.

Prime Coordination

By Howard Lambert

What is the value of TimeBank Boulder? For me, it has had a lot of value, else why would I have stuck with it for 16 years?

When I joined in December of 2003, I saw it as an opportunity to give and receive services. I thought it was going to be good for me. And it has been.

The giving and receiving started slowly but we planned, we documented, and we got it going, but almost no exchanges were made that

first year and only 16.5 hours were exchanged the second.

Back then Octavia, the founder, had a program on her laptop that kept track of everything. There was no internet, so everything had to be delivered to her directly.

So, why am I still here? Why am I still doing this? I guess it is because I want to make this opportunity available to others.

I try to understand things and in a conversation with **Lisa Dicksteen** about how TBB has affected our lives, I came

up with the following:

- I feel good when I accomplish something.
- I feel even better if that accomplishment helps someone else.
- TBB increases my opportunities to help others.

The logical next question is: Why are you a member of TBB? That is followed by: Are you taking advantage of what it offers you? Are you making exchanges? If so, what are you getting out of it? If not, why not?

Creating Community with All Who Live Here

By Bonnie Sundance



Photo from Friends' website

Changing our economy and culture to one which truly respects and serves the planet and all people is part of what Time Bank Boulder is about. Right Relationship Boulder focuses on helping Indigenous Peoples feel welcome and teaching about their heritage, especially those whose homeland we live in.

I became involved with RRB by attending a workshop called Roots of Injustice, Seeds of Change which traced the historic and ongoing impacts of the Doctrine of Discovery, the 15th-century justification for European subjugation of Indigenous (non-Christian, non-white) peoples. It focused on increasing knowledge and understanding regarding the impacts of these devastating policies both in the past and even today in our institutions and ourselves and then explore ways to take action toward righting our relationships with those

whose land we occupy.

And whose land might that be? If you are reading this newsletter as a member of TBB, you live on the homeland of the Ute, Arapaho, and Cheyenne, who are being welcomed by Right Relationship Boulder in cooperation with the City of Boulder into healing relationships with the land and people residing here.

This fascinating workshop is being offered again (for free) at the CU Bioneers "Front Range Eco Social Solutions" event on February 8, at 9:30AM. Please go to <https://fronrangeecosocialsolution2019.sched.com> for registration details and other dates.

RRB meets once a month and our meetings are always open to the public. Their next meeting is February 19 from 6:00 to 8:00PM. Email Paula Palmer, RRB's Director at paulaRpalmer@gmail.com to get on the mailing list to be informed of meetings and events.

Currently we offer opportunities to learn, to educate others, and to offer events, especially those which carry out the tenants of the Resolution for Indigenous People's Day.

Crafts and Laughs and Lots and Lots of Yarn

By Lisa Dicksteen

Hosting the December meeting of Craft and Laugh was indeed a laugh. A delightful group of TBB women braved the snow to come to Broomfield, home of my mother, TBB member **DorothyAnn Barron**, for a few hours of wonderful discussion and inspiration.

Chrystal Eckman had said she would bring some donated yarn, but no one expected the gigantic box that accompanied her entrance. What fun we had rummaging around like school-girls, choosing yarn for projects like **DorothyAnn's** ongoing creation of scarves for people living on Indian Reservations to the south of us, **Jan DeCourtney's** multiple projects for the annual fundraising auction at her church, and more.

Experienced knitter, **Gail Wagner** worked with new member **Chiu-ki Chan** on reviving a long-forgotten knitting project. In the end, **Chiu-ki** happily unraveled the small amount



Photo by Wayne Dicksteen

From Left: Chiu-ki, Crystal, and Lisa enjoyably at work.

she had done several times, working on making her stitches more even and keeping her hands more relaxed as she worked.

Everyone was impressed with **Chrystal's** obvious expertise, and she was generous with her help and suggestions, answering everyone's questions with good natured and helpful comments.

Having had a stressful week (moving is always stressful) I opted to roll yarn for my mother's next scarves, enjoying the freedom of unraveling some abandoned projects from the magical, bottomless box of yarn and rolling the resulting yarn and some tangled skeins into nice neat balls.

While we worked, we talked about our projects and many other things, had tea, and shared yummy, healthy knoshes.

Please don't think this is a female-only endeavor. Everyone is welcome. Just bring something to work on and join the fun.



Photo by Lisa Dicksteen

Two pieces of one of Crystal's abandoned projects will be knitted together by DorothyAnn, using blue yarn neatly rolled into a ball by Lisa, to create a new beautiful scarf.

You Can Get Anything with \$TD

This delightful offer was part of our listing of Intertrade Offers on January 23, 2019: Beach chalet available at Humberston Fitties (near Cleethorpes) for holidays and short breaks. Just a few metres from the sea and beach over the dunes. It's a small original 1920's chalet with just two little bedrooms. The chalet is furnished in really unique true vintage style but with lovely new beds. Full bath in bathroom, small but well equipped kitchen. Transport can also be provided. Small shop short walk away and bus services into Cleethorpes and Grimsby etc also nearby. Recently placed on the Historic Assets List and in a Conservation Area. The whole area is charming and restful.



Photos from the Annual Meeting

Continued from front page

If you were there, you know what a great time everyone had. If you were not, here are some of the highlights.

This year's Member of the Year recipient (**Daniel Ziskin**) was cheered by a room full of TBB members, six of whom were past recipients of the same award: **Dorothy Cohen, Jan DeCourtney, Lisa Dicksteen, Ashley Doriss, Esther Flessner, and Howard Lambert.**

The new TBB Board of Directors was elected and officers were selected. They are:

- President: **Don Parcher**
- Vice President: **Susan Morse**
- Secretary/Treasurer: **Mary Webber**

The board's fourth member, **Ashley Doriss**, will continue on as Membership Chair.

The first meeting of the new board happened before this issue went to press, but a schedule will be posted and, as always, all members are welcome to attend any board meeting.



"Well, it seems to me that the best relationships—the ones that last—are frequently the ones that are rooted in friendship. You know, one day you look at the person and you see something more than you did the night before. Like a switch has been flicked somewhere. And the person who was just a friend is... suddenly the only person you can ever imagine yourself with."

— Gillian Anderson

A Report on the Annual Meeting

By Jillene Moore

For this new member, the January 27th Annual Meeting of TimeBank Boulder began with trying to locate the building where the meeting was being held. The address alone, without any directions, is misleading. A phone call to the main number of Boulder Public Library yielded the necessary data, and as she pulled up in front of the Meadows Branch, she found herself chuckling, "This is some initiation!"

Don Parcher started things off by welcoming everyone, inviting members and guests to introduce ourselves to each other. Group photos came next, both formal and fun, then we launched into the potluck lunch as the room buzzed with conversation and laughter.

Dan Ziskin began the actual meeting with an invocation, then yielded the floor to Jan DeCourtney for her State of Our TimeBank Address. She started off by noting that our group is indeed "alive and kicking," boasting 131 members at present, up from 115 at the end of the previous year. She gave credit to the strong core of dedicated people, including those who had served and will serve on the Board, as well as all members who'd engaged in active trading. She expressed pride in the new



In her last moments as President, Jan DeCourtney presented the 2018 Member of the Year Award to Daniel Ziskin.



Photo by Don Parcher

Prime Coordinator Howard Lambert mesmerizes the crowd both in front of and behind him with tales of TBB's history.

website that's up and running, as well as the email newsletter that goes out each month. She cited Ashley Doriss's work with Membership as one of the reasons for growth, and added that more events have also helped to attract new members.

Jan noted that it has been an advantage to have TimeBank Boulder affiliated with hOurworld, which currently has 44,294 members worldwide. She also told us that within the Boulder group, only 22 members did not make an exchange within the last year, the highest rate of participation in our 16-year history.

Jan then spoke about ideas she has for continued improvements. She envisions adding more Team Leaders, perhaps in areas like social media marketing and organizing with partner organizations. She also likes the idea of organizing teams for specific tasks, such as reviving the moving team and gardening teams and starting a housecleaning team, speaking to the fun and efficiency of working together.

She remarked that, being the introvert she is, perhaps her being president will inspire

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others to find the courage to step up into roles where they, too, will thrive. “Dream big!” she reminded us, “And make those dreams come true!”

Howard Lambert, who has been a member since the timebank began, spoke about the rare and remarkable 16-year history of our fiscally solvent group. Then Jan ended her talk by brainstorming ideas for future events: Instead of potlucks, perhaps we might organize a salad bar for summer, a baked potato or taco bar for fall, etc. She cited the fun of the women’s clothing and household goods exchange and suggested that this year’s might be followed by a community yard sale. Craft & Laugh and Health and Wellness Support already exist and are going strong. When asked for ideas for other events, someone suggested a Karaoke Night and Chiu-Ki Chan said that if others wanted an outing to the Pacific Ocean Market (POM) in Broomfield, she’d be happy to join the group and translate the packages written in Chinese.

Bonnie Sundance spoke about Our Sacred Earth’s programs, activities designed to deepen one’s connection to our environment. She spoke about her anguish upon hearing the newest reports on climate change stating that we have only a decade to turn things around. In response, she created a challenge/offer to anyone who wants to learn how to reduce their carbon footprint by at least 25% over the next year.

Ashley Doriss spoke next, thanking Howard and Gail Wagner for doing New Member Orientations. She hopes 2019 will bring even more members, reminding us to talk about TBB to everyone, encouraging others to attend events and think about exchanges they’d like to make. She mentioned that flyers are available for members to distribute and thanked Dorothy Cohen for joining the Membership team, reminding the rest of those present that there’s always room for more people on the committee.

At this point Ashley took the people who were there as prospective members to another room for a New Member Orientation while the rest of the group heard from each of those standing for election to the 2018 Board of Directors, voted, and congratulated the winners.

G. Paul Bailey spoke about TBB’s newest organizational member, Boulder Kiwanis, and explained the mission of the service organization and talked about some upcoming events.

After that, there was a group effort to collect leftovers, put the dirty dishes in the bin, gather up all the trash, and load the cars so people could head home. It was an almost-zero waste event, so the main trash was food scraps and other compostables and once all the work was completed the adorable faces hanging on the wall and observing the meeting seemed to smile in approval of our efforts.



Photo by Don Parcher

TBB-SPONSORED EVENTS

| WHAT | WHEN | WHERE |
|---|--|---|
| <u>Spanish Conversation Group</u> | Saturday, February 9 10:30-11:15AM | Public Library—Main Branch 1001 Arapahoe Ave, Boulder |
| <u>Healthy Friends</u> | Friday, February 15 9:00-10:00AM | Private Residence in Gunbarrel Address with RSVP. |
| <u>Craft & Laugh</u> | Sunday, February 17 3:00-5:00PM | Private Residence in Boulder Address with RSVP. |
| <u>Movie Night: Dumplin'</u> | Friday, February 22 6:30-8:30PM | Private Residence in Northwest Boulder. Address with RSVP. |
| <u>Trip to Esh's Gourmet Discount Grocery</u> | Saturday, February 23 8:30-10:30AM | Meet at Private Residence in Gunbarrel and Carpool |
| <u>Spanish Conversation Group</u> | Saturday, February 23 10:30-11:15AM | Public Library—Main Branch 1001 Arapahoe Ave, Boulder |

TBB-MEMBER SPONSORED EVENTS

| WHAT | WHEN | WHERE |
|--|------------------------------------|---|
| Natural Highs' Open Mic, Teen Art Show, Potluck, Silent Auction | Friday, February 1 6:00-9:00PM | Hope Church 4709 Baseline Rd, Boulder |
| Laurie Dameron (with Lorrie Baum) | Thursday, February 14 7:30PM | Sweet Spot Café 585 W. Dillon Rd, Louisville |
| Laurie Dameron (with Lorrie Baum) | Friday, February 22 6:00-8:00PM | Upslope Brewery 1501 Lee Hill Dr, Boulder |

To RSVP for any TimeBank Boulder event, go to
<http://www.meetup.com/Boulder-Sharing-Economy-Events/>

Contact Us...

Directory of Team Leaders

| TEAM | NAME | EMAIL |
|-------------------------------------|--------------------------------|--|
| Marketing | Sharon Simmons | hawksndragons1955@gmail.com |
| Farmers Market | Don Parcher | don@checklists.com |
| TimeBank TIMES | Lisa Dicksteen | LMNEditorial@msn.com |
| Membership (co-coordinators) | Don Parcher Ashley Doriss | don@checklists.com ad_yogini@zoho.com |
| Membership Processing | Jay Wyshak | rockinjay@creativeheadspace.com |
| New Member Orientation | Ashley Doriss | ad_yogini22@startmail.com |
| Organizational Partners | Interested!? | Contact a board member. |
| Renewals/Deactivations | Don Parcher Esther Flessner | don@checklists.com eflessner@juno.com |
| Member Services | | |
| Events | Jan DeCourtney | coloradojan97@yahoo.com |
| Garden & Yard Work Team | Melissa Mezger | mezgerm@gmail.com |
| Incentives | Daniel Ziskin | ziskin@jote.org |
| Movie Night | Interested?!? | Contact Jan DeCourtney. |
| Potluck | Interested?!? | Contact Jan DeCourtney. |
| Spanish Member Advocates | Jake Simpson Jan DeCourtney | Jakesimpson@msn.com coloradojan97@yahoo.com |
| Primary Coordinator | Howard Lambert | sshpl351@gmail.com |

**Make TBB Even Better.
Contact a Team Leader to Join a Team Today!**

| DIRECTORY OF BOARD MEMBERS | | |
|-----------------------------------|---------------|--|
| POSITION | NAME | EMAIL |
| President | Don Parcher | don@checklists.com |
| Vice President | Susan Morse | sue2557@aol.com |
| Treasurer | Mary Webber | imaginemw@msn.com |
| Secretary | Mary Webber | imaginemw@msn.com |
| Member-at-Large Membership | Ashley Doriss | ad_yogini@zoho.com |

| DIRECTORY OF SUPPORT STAFF | | |
|-----------------------------------|---------------|--|
| POSITION | NAME | EMAIL |
| Bookkeeper | Geoff Murphy | aussiegeoff@hotmail.com |
| IT Manager | Daniel Ziskin | ziskin@jote.org |

Mailing Address: PO Box 1524, Boulder, CO 80302

Email: info@timebankboulder.org

Website: TimeBankBoulder.org

Phone (message only): 720-295-8814

Let more people know what's going on at TBB by encouraging them to sign up for our email list. Post this link on your Facebook or other social media page, tweet it to your followers, or put it in an email and send it to your contacts <http://eepurl.com/b1Y5L9>.

TimeBank BOULDER

OUR MISSION

To provide a social networking system for Front Range individuals and organizations to engage in the non-money-based exchange of services and resources.

OUR VISION

To create a social environment founded on a sharing economy that facilitates connection and cooperation; sharing of time, talent, skills and resources; encourages service to others; and fosters a healthy community capable of meeting many needs without money.

OUR CORE VALUES

- **ASSETS:** Every individual has valuable skills, talents, and knowledge to share
- **RECIPROCITY:** We gracefully serve others and gracefully receive the service of others
- **RESPONSIBILITY:** The health and success of the community depends on each of us participating
- **RESPECT:** Every individual is equally accepted, honored, and held accountable
- **COMMUNITY:** By helping each other, we build social capital and develop strong bonds of friendship, trust, and support.

